**Mental Health Cases in the PSHS System**

**Annex A – Root Cause Analysis**

**Campus:** Central Visayas

**School Year:** 2017-2018

**Total number of students enrolled at the start of the school year per grade level:**

**Grade 7:** 90 **Grade 10:** 88

**Grade 8:** 90 **Grade 11:** 83

**Grade 9:** 90 **Grade 12:** 75

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Complete Name of Student (LAST NAME, First Name)** | **Grade Level** | **Sex** | **Scholarship Categorization Points (see Annex B)** | **Nature of the Problem Reported (see Annex C, indicating all that apply)** | **Date Reported or Observed** | **Action Taken** | **Were there red flags or symptoms displayed (Y/N)** | **Were there red flags (if any) captured or reported by the teachers or guidance counselors, before any action was taken? (Y/N)** | **Action taken** | **Probable Cause of the Problem** | **Possible Solution** | **Remarks** |
| ARADANAS, Sophia Lorraine | Gr. 8  Gr. 8 | F | 100 (Full) | 8 (self-harming behaviour) | Aug. 14, 2017, | counseling | Y | Y | counseling | mistrust, family concern, living condition | client-centered therapy | existing case regarding self-harming behavior |
| Aug. 23, 2017 |
| Aug. 25, 2017 |
| 4 (depressive behaviour) | Dec. 6, 2017 | personal follow-up |
| JACOBS, John Daniel | Gr. 7 | M | 0 (Partial 3) | 3 (tardiness) | Aug. 29, 2017 | behavioural follow-up | N | N | follow up |  |  | referred by class adviser |
| 9 (maladjustment to life in PSHS - manners and hygiene) | Dec. 11, 2018 | psycho-education/  personal follow-up | psycho-education/  personal follow-up |  |  | referred by adviser |
| 3 (Academic performance) | April 4, 2018 | Academic follow-up | Academic follow-up | demotivation | goal-setting | Low grade in Ad Tech |
| DELA CRUZ , Benedict John | Gr. 7 | M | 92 (Full) | 3 (academic behaviour) | Sept. 7, 2017 | personal, academic follow-up | N | N |  |  |  |  |
| CABRERA, German III | Gr. 7 | M | 100 (Full) | 4 (anxiety) | Oct. 5, 2017 | counseling | N | N | counseling | health, finances and living condition | Talk therapy, Affirmation and positive stroking, Psycho-education, Goal setting | referred by sch. nurse, mother was contacted by the sch. nurse |
| Nov. 8, 2017 | personal follow-up | personal follow-up | referred by Mr. Sasaban |
| disinterested in school | Dec. 12, 2018 | personal follow-up | personal follow-up |  |
| BIAÑA, Angelo Dwayne | Gr. 7 | M | 84 (Partial 1) | 3 (health, “cutting class”) | Oct. 11, 2017 (9:00 a.m.) | personal follow-up | N | N | personal follow-up | psychosomatic illness | Application of coping strategies | referred by the sch. nurse, Mother called thru nurse’s phone |
| SATO, Marybeth | Gr. 10 | F | 75 (Partial 1) | 9 (Interpersonal relationship problem - filed a complaint against another male scholar) | Oct. 12, 2017  (3:30 p.m.) | consultation for counseling | Y | N | follow-up | previous case against a male scholar |  | letter will be sent to her mother to get consent |
| Oct. 19, 2017  (1:30 p.m.) | consultation for counseling | letter was read by her mother but forgot to sign |
| Oct. 19, 2017  (3:40 p.m.) | personal follow-up, counseling |  |
| updates on the case she filed against one male student | March 22, 2018 | personal follow-up | the student inquired about any progress on the case she filed |
| psychological harm due to a past incident | April 12, 2018  (3:50 p.m.-4:45 p.m.) | personal follow-up, counselling | personal follow-up, counselling | personal follow-up, counselling |  |
| AMOYO, Jaycee Mariel | Gr. 8 | F | 0 (Partial 3) | 8 (suicidal behaviour) | Oct. 26, 2017  (1:30 p.m.) | counseling | Y | N | counselling | history of intrapersonal conflict between pursuing her athletics and Pisay |  |  |
| GUINTO, Sebastian | Gr. 7 | M | 0 (Partial 3) | 3 (academic performance) | Nov. 27, 2017 | academic follow-up | N | N |  | demotivation | goal-setting | Low grades in Filipino, Values Ed, and Ad Tech |
| TARONGOY, Adrianne Francis | Gr. 7 | M | 84 (Partial 1) | 3 (academic performance) | Nov. 27, 2017 | academic follow-up | N | N |  |  | goal-setting | Low grade in Mathematics |
| YUSINGBO, Phoebe Nerice | Gr. 8 | F | 100 (Full) | academic performance | Nov. 27, 2017 | academic follow-up | N | N |  | classroom setting | goal-setting | Low grade in Mathematics |
| ALAZAS, Althea Kaye | Gr. 7 | F | 79 (Partial 1) | 4 (trauma and anxiety) | Nov. 28, 2017  (2:00-3:00 p.m.) | counseling | N | N | counseling | pre-school experien |  | referred by adviser, Ms. Calvo |
| 3 (academic behaviour) | Nov. 22, 2017 | phone conference | phone conference |  | mother called up |
| Jan. 27, 2018 | consultation and conference | consultation and conference |  | consultation and conference with mother |
| 3 (academic behaviour) | April 4, 2018  (3:50-4:20 p.m.) | personal follow-up | personal follow-up |  |  |
| mother wants to refer her daughter to a psychologist | April 11, 2018 |  |  | consultation (requested a referral letter) |  | mother called up |
| re. psychiatric referral | April 13, 2018  (4:00 p.m.) | consultation (consent to release information) | referral to psychiatrist |  |  | counselor called up the mother |
| April 13, 2018  (5:00-5:10 p.m.) | consultation (consent for the referral) |
| 4 (depression (as per psychiatrist’s assessment)) | April 17, 2018  (8:15-8:30) | case conference |  |  |  | with the mother |
|  | April 17, 2018 | case conference |  |  |  | with Ms. Jessa Calvo  (adviser of Althea) |
| PALAHANG, Leigh Therese | Gr. 8 | F | 100 (Full) | 3 (academic performance) | Dec. 5, 2017 | academic follow-up | N | N |  |  |  | Low grade in Mathematics and Earth Science |
| PAGATPATAN, Zdenalie | Gr. 12 | F | 55 (Partial 1) | 3 and 9 (academic behavior;  interpersonal relationship) | Dec. 14, 2017  (10:30-12:00) | counseling | N | N |  |  |  |  |
| SANCHEZ, Julianne | Gr. 12 | F | 42 (Partial 2) | 3 and 9 (academic behavior;  interpersonal relationship) | Dec. 14, 2017  (1:00-2:45) | counseling | Y | Y |  |  |  |  |
| 4 and 5 (depression, suicidal behaviour) | Jan. 27, 2018 | consultation and conference |  |  |  | consultation and conference with mother |
| Feb. 27, 2018  (2:30 p.m.) | follow-up, counseling; session with a psychiatrist |  |  |  | mother brought her to a psychiatrist |
| UY ,Chrislyn Jeanne | Gr. 10 | F | 0 (Partial 3) | 4 and 5 (depression, suicidal behaviour) | Jan. 27, 2018 | consultation and conference;  student has sessions with a psychiatrist | Y | N |  |  |  | consultation and conference with the mother |
| April 3, 2018  (2:50-3:40 p.m.) | counselling; psychiatric session |  |  |  |  |
| MELICOR, McSteven | Gr. 12 | M | 100 (Full) | 9 (interpersonal concern) | Jan. 31, 2018 | consultation | N | N |  |  |  |  |
| KYONO, Yoshinori Jr. | Gr. 10 | M | 0 (Partial 3) | 4 and 5 (depression, suicidal behaviour) | Feb. 2, 2018 | Intake interview, personal follow-up | Y | Y | personal follow-up |  |  |  |
| Feb. 5, 2018 | counseling | counseling |  |  |  |
| Yoshi’s suicidal behavior | Feb. 21, 2018  (2:30 p.m.) | consultation and conference with the mother | case conference |  |  | counselor called up the mother |
| withdrawal of financial support from parents | Feb. 21, 2018  (3:15 p.m.) | counselling | counseling |  |  |  |
| parents withdrawal of financial support to their son Yoshinori Kyono, Jr. | March 7, 2018 | case conference | case conference |  |  | Ms. Botero and Ms. Cherry from DSWD, Mrs. Kyono with two of her sisters, Dr. Rica, Engr. Quilates |
| family, academics, finances | March 22, 2018 | personal follow-up |  | family, academics, financial concern |  |  |
| parent’s consent for psychiatric referral for scholar Yoshinori Kyono, Jr.  parent’s consent for psychiatric referral for scholar Yoshinori Kyono, Jr. | March 22, 2018 | coordination, follow-up | coordination, follow-up |  |  | Ms. FlordelizaBotero of DSWD to contact the mother; did not receive any reply |
| March 23,2018 |  |  |
| April 2, 2018 |  |  | coordinated with Ms. FlordelizaBotero (DSWD) |
| withdrawal of financial support from parents | June 6, 2018 | conference with Yoshi’s aunt |  |  | Aunt called up |
| June 11, 2018 | conference |  |  | Case conference at DSWD with Ms. Botero, Ms. Forte, Mr. Sasaban, Yoshinori Kyono |
| June 21, 2018 | conference |  |  | Case conference at DSWD with Ms. Botero, Ms. Forte, Mr. Sasaban, Yoshinori Kyono, Dr. Rica, and Engr. Quilates |
| July 3, 2018 | follow-up with DSWD |  |  | Follow-up with Ms. Botero of DSWD |
| REDOBLE, Kirah Audrey | Gr. 10 | F | 0 (Partial 3) | 9 (intrapersonal, academics) | February 8, 2018 | counselling | N | N | intake interview | academic pressure | relaxation technique |  |
| DINALO, Barly | Gr. 10 | M | 100 (Full) | 9 (Interpersonal relationship with teacher, personal concern) | Feb. 12, 2018 | Parent conference, student-teacher conference, consultation | N | N |  |  |  |  |
| Feb. 13, 2018 | Parent-teacher conference, consultation |  |  |  |  |
| REQUISO,  Junice Luth Marie | Gr. 8 | F | 84 (Partial 1) | stealing | Feb. 13, 2018 | risk assessment/  personal follow-up | Y | Y | risk assessment/  personal follow-up | financial status of family | couseling sessions, further clinical assessment and evaluation |  |
| Feb. 15, 2018 | personal follow-up and counseling | personal follow-up and counseling |  |
| Feb. 19, 2018 | case conference; psychiatric consultation | case conference; psychiatric consultation | case conference with mother; psychiatric consultation |
| PASION, Pamela Jean | Gr. 11 | F | 89 (Partial 1) | 3 and 9 (academic behaviour, interpersonal relationship) | Feb. 27, 2018  (3:40-4:10 p.m.) | counselling | N | N | counselling |  |  | referred by Ms. Ramayla |
| regarding referred scholar Pamela Jean Pasion | March 16, 2018 | post-counseling conference | post-counseling conference |  |  | Ms. Sherry Ramayla |
| BENABAYE, Saul Andrew | Gr. 10-Photon | M | 0 (Partial 3) | possible case of depression | March 1, 2018  (9:10-9:26 a.m.) | personal follow-up | N | N | personal follow-up | history of depression in Grade 8 and 9 |  | referred by Mr. Albiso |
| DIAMANTE, Joyce Marseen Nickie | Gr. 10-Photon | F | 79 (Partial 1) | 4 and 8 (depression, suicidal behaviour) | March 1, 2018  (1:50-2:45 p.m.) | counseling | Y | N | counselling | academic pressure |  |  |
| AVILA, Edd Marie | Gr. 11 | F | (Full) | 3 (academic performance) | March 23, 2018 | personal and academic follow-up | N | N | personal and academic follow-up | family and behavioural problems |  |  |
| GUINTO, Ricardo | Gr. 11 | M | 0 (Partial 3) | 3 (academic performance) | April 3, 2018  (9:00-9:25 a.m.) | personal and academic follow-up | N | N | personal and academic follow-up |  |  | referred by Ms. Ramayla |
| re. scholar Ricardo Guinto 3 (academic behaviour) | April 7, 2018  (4:00-4:10 p.m.) | post-counseling conference | post-counseling conference |  |  | post-counseling conference with Ms. Sherry Ramayla |
| VILLONES, Jee | Gr. 9 – Krypton | M | 92 (Full) | 3 (academic performance) | April 3, 2018 | academic follow-up | N | N | academic follow-up | undeveloped time management, difficulty in concentrating | goal-setting | Low grade in Physics and Mathematics |
| BILIRAN, Jon Lexis | Gr. 7-Zircon | M | 0 (Partial 3) | 3 (academic performance) | April 4, 2018 | academic follow-up | N | N | academic follow-up | ineffective study skills, undeveloped time management, difficulty in concentrating | goal-setting | Low grade in Ad Tech |
| BALASABAS, Raniel Dave,  CASIA, James Gabriel, BONTILAO, Ardel Anton | Gr. 12 | M  M  M | 68 (Full)  84 (Partial 1)  13 (Partial 3) | 10 (Misconduct – stealing) | April 6, 2018  (2:35-3:30 p.m.) | case conference |  |  |  |  |  | conference was requested by Casia and Bontilao |
| BALASABAS, Raniel Dave | Gr. 12 | M | 68 (Full) | 4 (depression) | April 6, 2018  (3:30-3:45 p.m.) | personal follow-up | Y | N |  |  |  |  |
| VALLE, Vince | Gr. 8 | M | 30 (Partial 3) | possible depressive behavior | April 7, 2018  (2:00-3:05 p.m.) | consultation, conference with mother | N | N | consultation, conference with mother |  |  | Mrs. Rhodora Q. Valle (mother of Vince Valle) |
| BUSLON, Daisy Joyce | Gr. 12 | F | (Partial 1) | 9 (personal and social concern) | April 11, 2018 | Counseling | N | N | Counseling |  |  |  |
| RAMIREZ, Bernadette | Gr. 11 | F | 30 (Partial 3) | 4, 6, and 9 (Anxiety, Stress, Bullying, Interpersonal Relationship) | July 4, 2018 | Counseling | Y | N | Counseling | bullying | counselling and case conference | Referred by Ms. Riza Gil |

**Other Remarks, if any:**

*The above-stated cases are only initial assessment of the counselor. Diagnosis of a certain mental illness is done by a Psychiatrist.*

Prepared by:

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SST I/GSA I GSA

Date: July 9, 2018

Noted by:

**Rachel Luz V. Rica, Ph.D.**

Campus Director